Proposed Dialysis Clinic for 1760 Ocean Avenue

Request for Conditional Use Approval
Patient Catchment Area

Greater San Francisco Area
Site Context

Birdseye North
Site Context
Birdseye East
Site Context

Birdseye South
Site Context

Birdseye West
Building Exteriors
Views from Ocean Avenue
Building Exteriors

View from Dorado Terrace
Site Plan

Clinic proposed to move from existing space at 1738 Ocean Ave.

Current clinic capacity
- 24 patient stations
- 3 home hemodialysis training rooms
- 8,190 Square Feet
Site Plan

Clinic proposed to move from existing space at 1738 Ocean Ave. to adjacent space at 1760 Ocean Ave.

Proposed Clinic:
- 36 patient stations
- 1 isolation room
- 5 home training hemodialysis rooms
- Improved patient experience
- 13,637 S.F.
- Patient lift from parking to clinical space
Floor Plan

Proposed Dialysis Clinic

- 36 patient treatment stations
- 1 patient isolation station
- New water treatment room
- Improved waiting area for patients and guests
- New support spaces
Building Elevation
South Elevation - Ocean Avenue
Chronic Kidney Disease in the United States, 2019

With chronic kidney disease (CKD), kidneys become damaged over time or cannot clean the blood as well as healthy kidneys. When the kidneys don’t work well, wastes and extra water build up in the body and may cause other health problems, including heart disease and high blood pressure. However, people with CKD and people at risk for CKD can take steps to protect their kidneys.

**CKD Is Common Among US Adults**

- **Fast Stats**
  - 15% of US adults—57 million people—are estimated to have CKD.
  - Most (9 in 10) adults with CKD do not know they have it.
  - 1 in 2 people with very low kidney function who are not on dialysis do not know they have CKD.

According to current estimates:*  
- CKD is more common in people aged 60 years or older (28%) than in people aged 45-54 years (15%) or 15-44 years (7%).
- CKD is more common in women (15%) than men (12%).
- CKD is more common in non-Hispanic blacks (16%) than in non-Hispanic whites (13%) or non-Hispanic Asians (12%).
- About 14% of Hispanics have CKD.

**CKD Risk Factors**

Diabetes and high blood pressure are the major causes of CKD in adults. Other risk factors include heart disease, obesity, a family history of CKD, past damage to the kidneys, and older age.

**Ways to Prevent CKD or Detect It Early**

- **Control risk factors for CKD:**
  - High blood pressure.
  - High blood sugar levels.
  - Keeping a healthy body weight through a balanced diet and physical activity may help.
  - Test for CKD regularly in people who have diabetes, high blood pressure, or other risk factors for CKD.

**Testing and Treatment**

- People may not feel ill if they notice any symptoms until CKD is advanced.
- The only way to find out if people have CKD is through simple blood and urine tests. The blood test checks for creatinine (a waste product produced by muscles) in the blood to see how well the kidneys work. The urine test checks for protein in the urine (a sign of kidney damage).
- Following a healthy diet and taking medicines for diabetes and high blood pressure may keep CKD from getting worse and may prevent other health problems such as heart disease.

**CKD-Related Health Problems**

**Early Death**

Adults with CKD are at a higher risk of early death compared to adults without CKD of the same age.

**Heart Disease and Stroke**

- Having CKD increases the chance of also having heart disease and stroke.
- Managing high blood pressure, blood sugar, and cholesterol levels—all factors that increase the risk for heart disease and stroke—is very important for people with CKD.

**Other Health Problems**

As CKD worsens over time related health problems become more likely, including:

- Anemia or low red blood cell count (can cause fatigue and weakness).
- Low calcium levels and high phosphorus levels in the blood (can cause bone problems).
- High potassium levels in the blood (can cause an irregular or abnormal heartbeat).
- Loss of appetite or nausea.
- Extra fluid in the body (can cause high blood pressure, swelling in the legs, or shortness of breath).
- Infections or a weakened immune system.
- Depression.

**Kidney Failure**

If kidney damage is severe and kidney function is very low, dialysis or a kidney transplant is needed for survival. Kidney failure treated with dialysis or a kidney transplant is called end-stage kidney disease (ESKD).

Treatment may slow the decline in kidney function and delay kidney failure. However, not everyone with CKD develops ESKD, and in some cases ESKD develops even with treatment.

**Facts About ESKD**

- In 2016, nearly 125,000 people in the United States started treatment for ESKD, and more than 726,000 (2 in every 1,000 people) were on dialysis or were living with a kidney transplant.
- Every day, more than 240 people on dialysis die.
- For every 2 women who develop ESKD, 3 men develop ESKD.
- African Americans are about 3 times more likely than whites to develop ESKD.
- For every 2 non-Hispanics who develop ESKD, 4 Hispanics develop ESKD.
- In US adults aged 18 years or older, diabetes and high blood pressure are the most reported causes of ESKD.
- US children and adolescents younger than 18 years, polycystic kidney disease and glomerulonephritis (inflammation of the kidneys) are the main causes of ESKD.

**SOURCE: US DEPARTMENT OF HEALTH AND HUMAN SERVICES**